

Emmanuel Prayer List February 2022

Note: The monthly prayer list can be accessed on the Emmanuel Website
Preparing Hearts in our Community for the Easter Message . As our Pastoral Staff and Leadership of our church prepare for Easter, pray the Lord will guide and keep them protected, physically, emotionally, and spiritually. . Pray that many in our Community will be drawn to church and Christ Himself as Easter approaches; with invitations, advertisements, and resources provided by EBC. . Pray the story of the Cross and Resurrection will reach open hearts to many. . Pray as other Church Leaders in our area prepare for Easter and in-person Worship Services, to know God's provision and blessing. . Pray that many of our church family will return to church as restrictions are being lifted. "Let us not not give up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching." Hebrews 12:25 . May we prepare for the message of Easter and rekindle the joy of knowing Jesus. "We love Him because He first loved us." 1 John 4:19

"It seems strange that a man in prison would be telling a church to rejoice. But Paul's attitude teaches us an important lesson: Our inner attitudes do not have to reflect our outward circumstances." (Life Application Study Bible)

C.S Lewis *"how you respond to interruption is who you really are."*

Max Lucado *"Worry becomes a big heap of what ifs...It imagines a threat...an ongoing state that leave you perpetually in angst and breathless".*

Richard Foster

"Joy is a consciously chosen way of thinking and living."



Sunday, March 13, 2022

1. Winning the Battle For Your Mind
(2 Corinthians 10:3-7)

2. Seek First The Kingdom Of God
(Luke 12:22-33)

3. The Peace of God —Guarding Your Heart & Mind
(Philippians 4:4-9)

4. Why Are You So Fearful?
(Mark 4:34-41)

5. More Than Conquerors
(Romans 8:31-39)

EMMANUEL
Baptist Church

The Peace of God. Guarding Your Hearts & Minds

(Philippians 4:4-9)

Anxious: μεριμνάω merimnaō - Luke 12; Matthew 10:19; Luke 10:41; 1 Corinthians 7:32-34, Phil 2:20 & 1 Cor 12:25; Philippians 4:6

I - We must continually choose J_____! . Verse 4

The problem isn't outward, its i_____!

Joy is a deep-seated satisfaction and c_____, that produces gladness
Romans 8:31-39...

II - We must r_____, and not react! . Verse 5

graciousness is to be mild, gentle, moderate, calm, patient, reasonable, to not overreact, to not panic, to be clear thinking .

C.S Lewis said "how you respond to interruption is who you really are."

Contagiously calm people trust that God is always in control and encourage others around them that everything will be ok.

Matthew 24:6; 2 Timothy 4:16-18; 2 Corinthians 4:8-18; Mark 4:40

III – Instead of Worry, we need to W_____ & P_____! Verse 6

we have a choice! We can either in that moment choose to dwell on that fear or worry, or we can bring it God and trust Him with it.

Worship & Prayer is a relinquishing of our control, a deep belief in the love, care, power and sovereignty of God.

1 Peter 5:7; Psalms 42 & 43; Luke 5:16

IV – Let the P_____ of God take Charge! Verse 7

Peace W_____ God (Ephesians 5:1) & The Peace O_____ God (John 14:27)

The Peace OF God is a tranquility of Soul, a rest, a quietness. Quiet confidence and assurance of God's presence and control.

The peace of God can only be found in J_____. In intimate relationship with Jesus! By staying close to Jesus!

V – We must be careful about what we allow i_____ our hearts, our minds, our l_____. Verse 8

Don't be letting the enemy in the b_____ door!

Q: What we need to do? To put into p_____?

Personal Study & Small Group Questions

1. Can you think of time in your life where you were facing a challenging situation and you were able to give it to God and experience a true spiritual peace? What is your favorite verse or Bible passage about Peace?

2. Read **Philippians 4:4**. How would you define and describe Spiritual Joy? How can we "rejoice" in hard circumstances? Read **Romans 8:31-39**, how do these verses encourage you?

3. Read **Philippians 4:5** . What do you think Paul meant by graciousness? Are you typically a "responder" or a "reactor"? Who is someone in your life that brings calm in chaos? Why is it important to know that the Lord is near?

4. Read **Matthew 24:6; 2 Timothy 4:16-18; 2 Corinthians 4:8-18; Mark 4:40**, how does each speak to the issue of worry?

5. Read **Philippians 4:6**. Do you find it easy or hard to pray when you are afraid or worried? Why? What different words does Paul use for Prayer? Why? Why is prayer so important?

6. Read **1 Peter 5:7 & Luke 5:16**, what do they teach us about prayer & Worry?

7. Read **Philippians 4:7**. How would you define and describe the Peace of God? What is the difference Peace WITH God and the Peace OF God? Describe How the peace of God could guard our heart & mind?

8. Read **Philippians 4:8-9**. Why is being careful about what we think about, watch, listen to so important to experiencing the Peace of God in our lives? What is one thing you could stop watching, listening to or thinking about that could help you have more peace in your life?

9. What is something you could "put into practice" in your life to help you live with less fear and worry & More of God's Peace in your life?